



CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lil WARRIORS	4:45P-5:15P	NO CLASS	4:45P-5:15P	NO CLASS	4:45P-5:15P	NO CLASS	KOBUDO 8A-10A
TAEKWONDO BEGINNER	5:15P-6P	5P-6P ALL RANKS/AGES CURRICULUM	5:15P-6P	5P-6P	5:15-6:15P ALL RANK JUNIORS CURRICULUM	10A-11A ALL AGE/RANKS CURRICULUM	
TAEKWONDO YELLOW/ INT/ADV	6P-7P	6-7 P SPARRING 10 UNDER	6P-7P	6-7P		11-12P SPARRING 10 UNDER	
TAEKWONDO ADULTS	7P-8:30P	7-8:30P SPARRING 11 UP	7P-8:30P	NO CLASS	6:15-7:15P	12-1P SPARRING 11 UP	
BLACKBELTS ONLY				7P-8:30P			
FAMILY TKD	3:15-4P			3:15-4P	3:15-4P		
HOMESCHOOL							
FITNESS KICKBOXING	9:15A-10:15A	9:15A-10:15A	9:15A-10:15A	9:15A-10:15A	9:15A-10:15A	9A-10A	10A-11A

Lil Warriors can ONLY attend Lil Warrior's classes.

Blackbelt Class open to ALL senior brown and black belts

Adult = ages 13 and older

EFFECTIVE 01/01/2019

