



# CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lil WARRIORS	4:45P-5:15P	NO CLASS	4:45P-5:15P	NO CLASS	4:45P-5:15P	NO CLASS	KOBUDO 8A-10A
TAEKWONDO BEGINNER	5:15P-6P	5P-6P ALL RANKS/AGES CURRICULUM  6 - 7:30P ALL RANK/AGE SPARRING	5:15P-6P	5P-6P ALL RANKS/AGES CURRICULUM	NO CLASS	10A-11A (CURRICULUM/ JUNIORS ONLY/ ALL RANKS)  11AM-12:30P ALL AGE/RANK SPARRING	
TAEKWONDO INTERMEDIATE /ADVANCED	6P-7P		6P-7P	5P-6P ALL RANKS/AGES CURRICULUM	NO CLASS		
TAEKWONDO ADULTS	7P-8:30P		7P-8:30P	5P-6P ALL RANKS/AGES CURRICULUM	5:15P-6:30P		
BLACKBELTS ONLY				6P-7:30P			
FAMILY TKD	3:15-4P			3:15-4P	3:15-4P		
HOMESCHOOL							
FITNESS KICKBOXING	9:15A-10:15A	9:15A-10:15A 7:30P-8:30P	9:15A-10:15A	9:15A-10:15A 7:30P-8:30P	9:15A-10:15A 6:30P-7:30P	9A-10A	10A-11A

Lil Warriors can ONLY attend Lil Warrior's classes.

Blackbelt Class open to ALL senior brown and black belts

Adult = ages 13 and older

**EFFECTIVE 08/01/2018**

